

EDUCATION

Eastern Michigan University, USA

Doctor of Philosophy in Clinical Psychology

Advisor: Jamie M. Lawler, Ph.D.

Jun 2022 – Present

GPA: 4.00/4.00

Teachers College, Columbia University, USA

Master of Arts in Psychology in Education (Clinical Psychology)

Thesis: Associations of attachment security with social and academic measures: Investigating children with early caregiving adversity exposure.

Project Advisor: Nim Tottenham, Ph.D.

Sep 2020 – May 2022

GPA: 3.97/4.00

Lady Shri Ram College for Women, University of Delhi, India

Rank 2 in National Institutional Ranking Framework (2020)

Bachelor of Arts (Honors) in Psychology

Thesis: The role of motivational prosody on students' intrinsic motivation and performance.

Project Advisor: Priti Dhawan, Ph.D.

Jul 2017 – May 2020

GPA: 8.98/10.00

US equivalent: 3.90/4.00

PUBLICATIONS

Lawler, J.M., Ribaud, J., Goodrich, J.M., **Jain, M.**, Overbee, A.R., Trudeau, B.M., Azar, M., Du, Y., Muzik, M., Rosenblum, K.L., The Michigan Collaborative for Infant Mental Health Research. [In Review]. Infant Mental Health Home Visiting Buffers the Effect of DNA Methylation on Infants' and Toddlers' Socioemotional Health.

Jain, M., Kamath, S., Freehling, E., Sokol, E., Lajiness-O'Neill, R., Staples, A.D., Lawler, J.M. [In Review]. Parent-child synchrony in early childhood: A systematic review.

Jain, M., Staples, A.D., Lawler, J.M. [In review]. Predicting parental sense of competence: Associations with parent depression, social support, and child age.

Freeman, S.E., Reznik, J., **Jain, M.**, Sokol, E., Manning, D., Rohde, H., Loverich, T.M., Lawler, J.M. [In Review]. Perinatal mental health interventions with a parent-child relational component: A systematic review of the effects on mothers and dyads.

Lawler, J.M., **Jain, M.**, Freeman, S., Freehling, E., Schmitt, A., Hawking, C. (2024). Evidence-based behavioral health practices in school settings. In A. Maragakis & M. Janikian (Eds.), *Evidence-Based Behavioral Health Practices in Pediatric Specialty Settings* (pp. 101–122). Springer. <https://doi.org/10.1007/978-3-031-71004-9>

Heleniak, C., Goff, B., Gabard-Durnam, L., Telzer, E., Humphreys, K.L., Lumian, D.L., Flannery, J., Caldera, C., Shapiro, M., Louie, J., Shen, J., Vanucci, A., **Jain, M.**, Glatt, C., Tottenham, N. (2023). Telomere erosion and depressive symptoms across development following institutional care. *Journal of the American Academy of Child and Adolescent Psychiatry*, 50890-8567(23)00327-1. Advance online publication. <https://doi.org/10.1016/j.jaac.2023.06.011>

Jain, M., Mahmoodi, V. (2022). Being one in a world of twos: Experiences and consequences of single parenting. *Graduate Student Journal of Psychology*, 18, 85-105.

Jain, M., Dhawan, P. (2020). The currency of words: Exploring motivational prosody. *International Journal of Social Sciences*, 9(3), 117-126. [10.30954/2249-6637.03.2020.2](https://doi.org/10.30954/2249-6637.03.2020.2)

Jain, M., Kaushik, R. (2019). Attitudes towards homosexuality: Difference in religion, gender, and proximity. *The Learning Curve*, 8, 81-86. e-ISSN 2321-7057

RESEARCH EXPERIENCE

Self-Regulation, Early Experience, and Development (SEED) Lab, Eastern Michigan University

Principal Investigator: Jamie M. Lawler, Ph.D.

Research Coordinator

Jan 2023 – Present

Graduate Research Assistant

Sep 2022 – Dec 2022

Project: Studying the self-regulation of preschool children over two years and understanding its relationship with early childhood experiences and parent-child relationship.

Duties:

- Recruiting participants through phone calls, emails, and fairs at markets.
- Running study visits (children aged 3-6), which include parent questionnaires, observational coding of parent-child interactions, saliva collection, administration of executive functioning tasks, self-regulation tasks, stress tasks, and collecting sleep data through sleep diaries and actigraphs.
- Writing grant reports to NIH, LEVANTE, and Flinn Grants.
- Video coding to assess parenting and parent-child synchrony using both micro- and macro-coding.
- Using REDCap to collect online data and organize the project.
- Analyzing behavioral and cortisol data through SPSS, R.
- Developing study handbook and study procedures.
- Mentoring research assistants on recruitment, data collection, data analysis, posters, and publications.
- General management of lab logistics and administration.

Project: Testing the efficacy of school-based early childhood behavioral health programs for children's mental health. Quantitative and qualitative community-based research to assess needs of the population and ways to improve the program.

Duties:

- Analyzing behavioral quantitative data through R.
- Qualitative analysis of interviews through thematic analysis.

Project: Community-based participatory research to assess the lived experiences of foster care youth (Co-PIs: **Maitri Jain**, Elizabeth Freehling).

Duties:

- Writing Institutional Review Board applications.
- Using REDCap to collect online data and organize the project.
- Developing study handbook and procedures.
- Recruiting college-aged students (18-25) who self-report previously experiencing foster care/kinship care/homelessness.
- Partnering with college-organizations serving youth who have graduate from foster care to make the project more applicable to the population and get their feedback.
- Conducting focus groups.
- Analyzing focus group data using interpretive phenomenological analysis.

COVID-19 Mother Baby Outcomes (COMBO) Initiative, Columbia University

Apr 2024 – Present

Principal Investigator: Dani Dumitriu, Ph.D.

Graduate Research Assistant

Project: Understanding the effects of COVID-19 on mothers' and children's health from pregnancy to elementary school. Aims at using virtual implementation to make research more accessible.

Duties:

- Video coding child behavior during tasks assessing self-regulation (snack delay, gift wrap).

Behavioral Research And Imaging for Neurodevelopment (BRAIN) Lab, Eastern Michigan University

Principal Investigators: Renee Lajiness-O'Neill, Ph.D.; Jin Bo, Ph.D.; Naomi Hashimoto, Ph.D.

Graduate Research Assistant

Sep 2022 – Sep 2024

Projects:

- Neural (EEG) correlations of executive functioning in preschool children.
- Understanding the association of resting-state brain networks with motor and social functioning in young adults.
- Assess the efficacy of PediaTrac™, an innovative web-based caregiver-report measure designed to screen and monitor health status and risk using trajectories of infant/toddler development across multiple domains.

Duties:

- Recruited participants through phone-calls and email.
- Designed the procedures, handbook, and logistics of the study.
- Built a Listening Span Task on PsychoPy.
- Collected resting state EEG data from adults and children aged 3-years.
- Administered the following instruments to participants: WAIS-IV, D-KEFS.
- Pre-processed of EEG data using MatLab.

Developmental Affective Neuroscience Lab, Columbia University

Oct 2020 – May 2022

Principal Investigator: Nim Tottenham, Ph.D.

Graduate Research Assistant

Project: Understanding how relationships with caregivers are related to the behavioral and neurocognitive outcomes of children who have faced early life adversities.

Duties:

- Operated MRI scanner console for child neuroimaging studies.
- Collected data using REDCap.
- Analyzed data using R (specification curve analysis, Bayesian regression modeling, frequentist regressions).
- Participated in weekly coding workshops on R, python, and fMRI data analysis.
- Participated in weekly consultation and supervision.
- Helped with data collection for experience sampling.

Laboratory for Developmental Studies, Harvard University

Jun 2021 – Aug 2021

Principal Investigator: Elizabeth Spelke, Ph.D.

Graduate Research Assistant

Project: Development of mathematical and reading skills in pre-school age children.

Duties:

- Developed stimuli for reading and math games and assessment.
- Conducted reading and math assessments with pre-school age children.
- Analyzed pilot data on children's reading and math performance using R.
- Coded videos of babies' eye movements for preferential looking using JHab.

Language and Cognition Lab, Teachers College, Columbia University

Sep 2020 – May 2022

Principal Investigator: Peter Gordon, Ph.D.

Graduate Research Assistant

Projects:

- Visual Perceptual Organization in Schizophrenia and Neurotypical Brains.
- Development of Numerical Cognition in Young Children.

Duties:

- Conducted statistical analyses (repeated measures ANOVA, linear regression, logistic regression) on SPSS, R, and Python.
- Analyzed eye-tracking data from Tobii, Gazepoint, and mobile eye-tracking devices.
- Ran EEG studies and analyzed EEG data.

- IRB protocols
- Helped with writing grant applications
- Conducted literature review on the topics of numerical cognition in children, visual deficits in schizophrenics, perceptual organization, magnocellular and parvocellular pathways in the brain.
- Coded videos of children's performance on mathematical tasks (ascending, descending, matching, give-N task).
- Presented a lecture on conducting repeated measures ANOVA.

Culture, Stigma, and Psychosis Lab, New York University & Columbia University

Sep 2020 – May 2021

Principal Investigator: Lawrence Yang, Ph.D.

Graduate Research Assistant

Projects:

- The conceptions of genetics and stigma of psychosis among clinical high risk for psychosis youth.
- Building treatment capacity for people with psychosis in Chile.
- Characterizing cognition of untreated psychosis in China.

Duties:

- Thematically coded qualitative interviews from patients, doctors, and community mental health workers.
- Worked on a digital auto-tutor to give information to youth about genes related to psychosis.
- Assisted in collecting research articles and writing R01 grants.

Mind Specialists, Rahat Charitable and Medical Research Trust, New Delhi, India

Jul 2020 – Sep 2020

Principal Investigators: Sujatha Sharma, Ph.D.; Avdesh Sharma, Ph.D.

Jun 2019 – Jul 2019

Research Intern and Consultant (asked to return as consultant)

Project: Develop a manual and training program for youth to help peers going through mental health problems.

Duties:

- Developed a workshop and manual on mental health first aid for youth.
- Developed clinical interviewing skills through role play.
- Worked on case history taking and conducting a mental status examination.
- Developed counseling skills by conducting mock sessions.

POSTER PRESENTATIONS

Freehling, E., **Jain, M.**, Lawler, J.M. (2025, May). *From Lived Experience to Leadership: A Foster Care Youth Panel* [Conference presentation]. Michigan ACE Initiative Conference, 2025, Lansing, MI, United States.
<https://miace.org/>

Jain, M., Lopez-Duran, N., Staples, A.D., Lawler, J.M. (2025, May). *Community-level adversities and children's cortisol response: Negative impact of discrimination and income* [Conference presentation]. Society for Research on Child Development, 2025 Biennial Meeting, Minneapolis, MN, United States.
<https://www.srcd.org/event/srcd-2025-biennial-meeting>

Jain, M., Staples, A.D., Lawler, J.M. (2025, May). *Intergenerational transmission of positive childhood experiences: Associations with children's disruptive behavior* [Conference poster]. Society for Research on Child Development, 2025 Biennial Meeting, Minneapolis, MN, United States. <https://www.srcd.org/event/srcd-2025-biennial-meeting>

Jain, M., Lobermeier, M., Dillahun, A., Jacquot, G., Bo, J., Lajiness-O'Neill, R. (2025, February). *Relationship between EEG power and emerging executive abilities in toddlers born term and preterm* [Poster presentation]. International Neuropsychological Society, New Orleans, LA, United States.

DeWitt, S., **Jain, M.**, Lajiness-O'Neill, R. (2025, February). *Associations between the PediaTrac™ v3.0 SCG domain and behavioral outcomes at 4 years of age* [Poster presentation]. International Neuropsychological Society, New Orleans, LA, United States.

- Lawler, J.M., **Jain, M.**, Freeman, S.E., Freehling, E., Ali, E. (2024, November). *Community engagement in early childhood behavioral health: A mixed-methods study of an integrated, school-based behavioral health program for preschoolers* [Poster presentation]. Association for Cognitive and Behavioral Therapies, Philadelphia, PA, United States.
- Jain, M.**, Lopez-Duran, N., Staples, A.D., Lawler, J.M. (2024, October). *Understanding the dynamics of cortisol reactivity: The interplay of parental sensitivity and child temperament* [Poster presentation]. International Society for Developmental Psychobiology, Chicago, IL, United States.
- Jain, M.**, Lawler, J.M. (2024, May). *School-based early childhood behavioral health program: Effects on disruptive behavior in a low-income population* [Poster presentation]. Michigan Association for Infant Mental Health, Kalamazoo, MI, United States.
- Doumbouya, A., Holthus, E., Davenport, M., **Jain, M.** (2024, March). *Parenting confidence under scrutiny: Trauma's link to sleep quality* [Poster presentation]. Undergraduate Research Symposium, Ypsilanti, MI, United States.
- Doumbouya, A., **Jain, M.**, Staples, A.D., & Lawler, J.M. (2024). *A socioeconomic lens on parental adverse childhood experiences and child emotional and behavioral well-being* [Poster presentation]. Undergraduate Research Symposium, Ypsilanti, MI, United States.
- Doumbouya, A., **Jain, M.**, Staples, A.D., & Lawler, J.M. (2024, April). *A socioeconomic lens on parental adverse childhood experiences and child emotional and behavioral well-being* [Poster Presentation]. Midwestern Psychological Association, Chicago, IL, United States.
- Krebs, R., **Jain, M.**, Staples, A. D., Warschausky, S., Lajiness-O'Neill, R. (2024, February). *Convergent validity between PediaTrac and Ages and Stages Questionnaire at 9- and 12- months* [Poster presentation]. International Neuropsychological Society Annual Meeting, New York, NY, United States.
- Manning, D., Freeman, S. E., Sokol, E., **Jain, M.**, Bashore, B., Staples, A. D., & Lawler, J. M. (2023, August). *Parental adverse childhood experiences and association with child emotion regulation*. [Poster presentation]. American Psychological Association, Washington, DC, United States.
- Jain, M.**, Prakash K., Staples A. D., Lawler J. M. (2023, March). *Network analysis of the association between symptoms of parental psychopathology and children's executive functioning* [Poster presentation]. Society for Research on Child Development, 2023 Biennial Meeting, Salt Lake City, UT, United States. <https://www.srcd.org/event/srcd-2023-biennial-meeting>
- Jain, M.**, Staples A. D., Lawler J. M. (2023, March). *Indirect association of parent depression with child emotion lability through child cognitive flexibility* [Poster presentation]. Society for Research on Child Development, 2023 Biennial Meeting, Salt Lake City, UT, United States. <https://www.srcd.org/event/srcd-2023-biennial-meeting>
- Jain, M.**, Staples, A.D., Lawler, J.M. (2022, November). *Buffering the cortisol reactivity of ACEs exposed children from low income communities: The role of parental sensitivity* [Poster presentation]. International Society for Developmental Psychobiology, San Diego, CA, United States. https://github.com/Maitrijain99/ISDP_2023
- Jain, M.**, Bloom, P.A., Tottenham, N. (2021, November). *Associations of attachment security with social and academic measures: Investigating youth with early caregiving adversity exposure* [Poster presentation]. Harvard Women in Psychology Trends in Psychology Summit. <https://women.psychology.harvard.edu/event/trends-psychology-summit>
- Tal, D., Silvert, L., **Jain, M.**, Le, P. T. D., Yang, L. (2021, October). *Applying a cultural framework to study HIV stigma and women's mental health: a community study in Botswana* [Poster presentation]. American Public Health Association, Denver, CO, United States.

- Kang, C., Xia, C., **Jain, M.**, Choe, K., Le, P. T. D., Yang, L. (2021, October). *Integration of family members to the treatment of first-episode-psychosis in Chile* [Poster presentation]. American Public Health Association, Denver, CO, United States.
- Tang, J., Gordon, P., Gu, S., Karaiskaki A., **Jain, M.**, et al. (2021, April). *Neural correlates of visual perceptual organization in an EEG oddball paradigm* [Poster presentation]. 4th Annual Psychology Conference, Institute of Psychological Science and Practice, Teachers College, Columbia University, NY, United States.
- Jain, M.**, Dhawan, P. (2020, November). *The currency of words: Exploring motivational prosody* [Poster presentation]. International Education Week, Teachers College, Columbia University, New York, NY, United States.
- Jain, M.**, Kaushik, R. (2019, July). *Attitudes towards homosexuality: Difference in religion, gender and proximity prosody* [Conference presentation]. University Grants Commission Sponsored National Seminar Psychology of National Integration, New Delhi, India.

GRANTS, AWARDS, AND HONORS

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| Women in Philanthropy, Eastern Michigan University | <i>Dec 2023</i> |
| <i>Amount: \$5000</i> | |
| Funds for research project: N-sync: Measuring parent-child stress synchrony to improve parenting practices. | |
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| Blue Cross Blue Shield of Michigan Foundation's Student Award Program | <i>Feb 2025</i> |
| <i>Amount: \$3000</i> | |
| Funds for dissertation: Parent-Child Synchrony in High-Risk Families: Informing Positive Parenting Through Behavioral and Physiological Insights | |
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| Student Professional Development Award, Society of Clinical Child and Adolescent Psychology, APA Div 53 | <i>Feb 2025</i> |
| <i>Amount: \$375</i> | |
| Grant award for student professional development. | |
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| Diversity Professional Development Award, Society of Clinical Child and Adolescent Psychology, APA Div 53 | <i>Feb 2025</i> |
| <i>Amount: \$300</i> | |
| Grant award for student professional development. | |
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| Research Grant, Department of Psychology, Eastern Michigan University | <i>Sep 2024</i> |
| <i>Amount: \$400</i> | |
| Funds for a project on the Lived Experiences of Foster Care Youth. | |
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| Travel Award, SEED Lab, Eastern Michigan University | <i>Nov 2022, May 2024, Nov 2024</i> |
| <i>Amount: \$300</i> | |
| Funds for poster presentation at ISDP (2022, 2024), MI-AIMH (2024). | |
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| Travel Award, Michigan Association for Infant Mental Health (MI-AIMH) | <i>May 2024</i> |
| <i>Amount: \$150</i> | |
| Funds for poster presentation at MI-AIMH 2024. | |
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| Travel Award, Society for Research on Child Development (SRCD) | <i>Mar 2023</i> |
| <i>Amount: \$300</i> | |
| Funds for poster presentation at SRCD 2023. | |

Travel Award, Department of Psychology, Eastern Michigan University Amount: \$300 Funds for poster presentation at SRCD 2023.	Mar 2023
Travel Award, International Society for Developmental Psychobiology (ISDP) Amount: \$375 Funds for poster presentation at ISDP 2022.	Nov 2022
The J.N. Tata Gift Endowment Gift Scholarship Award Amount: \$7500 Merit-based scholarship offered to Indian students for financing education.	Nov 2022
The J.N. Tata Endowment for the Higher Education of Indians Amount: \$11,000 Merit-based scholarship offered to Indian students for higher studies.	2021-2022
Mr. and Mrs. R.L. Taylor Memorial Scholarship Amount: \$6,500 Teachers College, Columbia University	2020-2021
Ranked 2nd (out of 54) in BA Program Lady Shri Ram College for Women, University of Delhi, India	2019-2020
<u>REJECTED GRANTS:</u>	
Blue Cross Blue Shield of Michigan Foundation's Student Award Program Amount: \$3000 Requested funds for research project: N-sync: Measuring parent-child stress synchrony to improve parenting practices.	Jan 2024
Behavioral Health Scholarship, The Children's Foundation, Michigan Amount: \$5000 Supports graduate students working in the area of pediatric psychology.	Mar 2023, 2025

CLINICAL EXPERIENCE

Department of Child and Adolescent Psychiatry, Michigan Medicine, University of Michigan <u>External Practicum Student</u> <u>Supervisors (Licensed Psychologists):</u> <i>Infant and Early Childhood Clinic:</i> Dr. Jessica Riggs, Ph.D. <i>Anxiety and OCD Clinic:</i> Dr. Jami Socha, Ph.D.	Sep 2024 – Present
Ambulatory psychiatric hospital associated with University of Michigan in Ann Arbor, MI. Provides multi-provider support to clients, including from psychologists, social workers, and psychiatrists.	
<ul style="list-style-type: none"> Attending weekly child didactics on various topics related to children's mental health, including trauma-informed care, integrating assessments in therapy, and more. 	
<i>Infant and Early Childhood Clinic</i> <ul style="list-style-type: none"> Intake Assessments: Conducting biopsychosocial intake assessments for clients aged 0-6. Includes parent interview and parent-child observation. Individual Psychotherapy: Rostering in Child-Parent Psychotherapy and maintaining a caseload of children who have experienced trauma. Group Supervision: Attending weekly group supervision pertaining to topics in early childhood treatment. 	

Anxiety and OCD Clinic

- Intake assessments: Conducting biopsychosocial intake assessments for clients aged 6-18 experiencing anxiety related symptoms. Includes parent interview and child interview.
- Individual Psychotherapy: Providing evidence-based child and family therapy for clients ranging in age from 6 to 18 years.
 - Presenting problems: Generalized anxiety disorder, Social anxiety disorder, Obsessive Compulsive disorder (cleaning), Specific phobias (needles)
 - Treatments: Cognitive-behavior therapy, exposure and response prevention, systematic desensitization
- Group Psychotherapy: Observing Supportive Parenting for Anxious Childhood Emotions (SPACE) parent group, which focuses on working with parents to reduce accommodating behavior and increase supportive behaviors to reduce their children's anxiety symptoms.
- Group Supervision: Attending biweekly group supervision to discuss clients, treatment plans, and get feedback from other team members.

Trauma and Grief Clinic

- Individual Psychotherapy: Providing evidence-based trauma-focused treatment to clients ranging in age from 7 to 18 years.

Eastern Michigan University Early Childhood Satellite Clinics

Sep 2023 – Present

Internal Practicum Student

Supervisor (Licensed Psychologist): Jamie Lawler, Ph.D.

Free of cost mental health care integrated with schools in Ypsilanti, MI.

- Intake Assessments: Conducting biopsychosocial assessments, parent-child interaction observation, and classroom observations of new clients.
- Individual Psychotherapy: Providing evidence-based child and family therapy for clients ranging in age from 2 to 8 years.
 - Presenting problems: Depression (including suicidality), generalized anxiety, emotion dysregulation, ADHD, encopresis, enuresis.
 - Treatments: Unified Protocol for Transdiagnostic Treatment of Emotional Disorders in Children and Adolescents (UP-C/A), Parent Emotion Coaching, Modular Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems (MATCH), Parent Management Training, building sleep routine and structure at home.
- Group Psychotherapy: Twice facilitated virtual Mom Power, a trauma-focused group intervention for mothers of children aged 0-6.
- Group Supervision: Attending weekly group supervision pertaining to topics in early childhood treatment.
- Parent workshops: Leading virtual parent workshops on emotion coaching, child-directed interaction, and self-care.

Eastern Michigan University Community Behavioral Health Clinic

Sep 2023 – Present

Internal Practicum Student

Supervisors (Licensed Psychologists): Jamie Lawler, Ph.D.; Elizabeth Neilson, Ph.D.; Carol Freedman-Doan, Ph.D., Kelsey Sala-Hamrich, Ph.D.

Low-cost university psychology clinic servicing underserved populations in Ypsilanti, MI.

- Intake Assessments: Conducting biopsychosocial assessments of new clients.
- Individual Psychotherapy: Providing evidence-based therapy for clients ranging in age from 2 to 17.
 - Presenting problems: Depression (including suicidality), generalized anxiety, emotion dysregulation, school refusal.
 - Treatments: Unified Protocol for Transdiagnostic Treatment of Emotional Disorders in Children and Adolescents (UP-C/A), Parent Emotion Coaching, Modular Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems (MATCH), Parent Management Training, Cognitive Behavioral Therapy, Systematic Desensitization, Exposure and Response Prevention.

- Neuropsychological Assessments: Conducting intake interviews, developing test batteries, administering cognitive and neuropsychological assessments, scoring tests, writing integrated reports, and providing feedback to clients/caregivers.
- Group Supervision: Attending weekly group supervision pertaining to topics in dialectical behavior therapy and neuropsychological assessment.

PAR Rehabilitation Services East

May 2025 – Present

External Practicum Student

Supervisor (Licensed Psychologist): Paige Wilson, Ph.D.

- Conducting clinical interviews.
- Administering, scoring, and interpreting neuropsychological tests.
- Writing assessment reports.
- Providing feedback to families.

University of Michigan, Department of Psychiatry

Aug 2022 – Present

Clinical Interviewer

Supervisor (Licensed Psychologist): Cecilia Martinez-Torteya, Ph.D.

- Administering abbreviated Diagnostic Infant and Preschool Assessment (DIPA) structured clinical interview virtually to parents of 4-year-old children enrolled in the Prenatal Stress Study.
- Attending biweekly group supervision.

Developmental Affective Neuroscience Lab, Columbia University

Oct 2020 – May 2022

Clinical Interviewer

Supervisor: Charlotte Heleniak, Ph.D.

- Administered Kiddie Schedule for Affective Disorders & Schizophrenia – Present & Lifetime Version (KSADS-PL) structured clinical interview virtually & in-person to parents of 5–16-year-old children.
- Attended weekly group supervision.

**Youth Treatment and Evaluation of Anxiety and Mood Program,
New York State Psychiatric Institute/Columbia University**

Jan 2021 – May 2022

Volunteer

Supervisors (Licensed Psychologists): Paula Yanes-Lukin, Ph.D.; Laura Mufson, Ph.D.

- Shadowed online intake, evaluation, and diagnostic interviews with parents and children for a clinical trial of IPT-A for PTSD, as well as a therapeutic day school program for children with school refusal.
- Attended weekly clinical supervision and case discussion meetings by licensed clinical psychologists.
- Constructed and scored instruments (such as MINI-KID, WISC, Family history screen).

COVID-19 Helpline, India

Apr 2020 – Sep 2020

Volunteer

- Provided on call emotional and social support to individuals seeking help during the COVID-19 pandemic.

Peer Support Program, Lady Shri Ram College for Women, India

Aug 2019 – Aug 2020

Peer Supporter

- Attended training workshops on basic counseling skills such as listening, questioning, and responding.
- Provided individual evaluation, assessment, and counseling sessions to students to help them reach constructive solutions to their problems.
- Organized events to tackle mental health issues on topics such as body-image and procrastination.

- Observed clinical cases.
- Scored psychological tests: WISC, CBCL.
- Attended workshops on diagnosing clinical disorders.
- Learnt case profile development.
- Honed presentation skills by giving a talk on prenatal mental health disorders.

TEACHING AND MENTORING EXPERIENCE

**Undergraduate Child Psychology (PSY321),
Eastern Michigan University**

Spring 2025

- Independently instructed a class of 29 students.

**Society of Clinical Child and Adolescent Psychology (SCCAP),
Division 53 of the American Psychological Association**

Jan 2024 –Present

- Mentored two students from various countries in getting clinical and research experience in psychology, as well as applying to graduate school.

Research Assistant Mentor, SEED Lab

Jan 2023 – Present

- Provide support and guidance to undergraduate and masters-level students in completion of independent research projects.
- Mentored research assistants in recruitment, data collection, and data analysis.
- Provide mentorship surrounding applying to graduate school.

General Psychology Laboratory (PSY 103)

Fall 2022

- Taught a class of 22 students.

Next-Gen Psych Scholars Program

Jul 2022 – Present

- Mentored six students in developing research skills and applying to Ph.D. programs.

Research Methods Workshop, Columbia University

April 2022

- Gave a workshop to 10 psychology Ph.D. students on Missing Data Analysis and Specification Curve Analysis.

Graduate Teaching Assistant

Spring 2022

- Eye-tracking Methods and Dynamic Data Analysis, *Instructor: Dr. Peter Gordon*

TRAINING CERTIFICATIONS AND SKILLS

CLINICAL

- Trained in **Trauma-Focused Cognitive Behavioral Therapy**
 - Trauma-focused therapy for children and adolescents from ages 7 to 18.
- Currently working on rostering for **Child-Parent Psychotherapy**
 - Trauma-focused therapy for children from birth to age 5 and their caregivers/parents.
- Coding training for the **Working Model of the Child Interview**.
 - A structured interview to assess parents' internal representations of their relationship to a particular child.
- Facilitator for **Mom Power Group Intervention**
 - Trauma-informed parenting intervention/support group emphasizing attachment-based parenting psychoeducation, support for parent-child interactions, enhanced social support, connection to culturally relevant resources, and building self-care skills.

- Facilitator for **SMART (Self-Regulation, Mindfulness, and Resilience Training) Skills for Kids Intervention**
 - Group intervention for children aged 5 to 8 years, focused on improving their ability to control their behavior, attention, and emotions.
- **Cognitive & Neuropsychological Assessment:** Administering, scoring, analyzing, and interpreting Wechsler Adult Intelligence Scale, 4th edition (WAIS-IV), Wechsler Intelligence Scale for Children, 5th edition (WISC-V), Wechsler Preschool and Primary Scale of Intelligence, 4th edition (WPPSI-IV), Wide Range Achievement Test, 5th edition (WRAT5), Wechsler Individual Achievement Test (WIAT), A Developmental Neuropsychological Assessment (NEPSY), Delis-Kaplan Executive Functioning System (D-KEFS), NEO Personality Inventory – Revised (NEO-PI-R), Beery-Buktenica Developmental Test of Visual-Motor Integration, 6th edition (BEERY-VMI), and Minnesota Multiphasic Personality Inventory – 2 (MMPI-2), UCLA PTSD Checklist, Computerized ADHD assessment (CPT, CATA).
- **Clinical risk assessments and safety planning:** Assessing for risk and devising safety plans in response to endorsements of suicidal ideation, homicidal ideation, domestic violence, and child safety concerns.
- **Clinical interviewing:** Abbreviated Diagnostic Interview and Preschool Assessment (DIPA) structured clinical interview, Kiddie Schedule for Affective Disorders and Schizophrenia – Present & Lifetime Version (KSADS-PL).

RESEARCH

- Trained in operating MRI console
- EEG data collection using EEGO software
- EEG data analysis using NetStation, E-Prime, MatLab (beginner)
- Eye-tracking software: Gazepoint, Tobii, JHab, Datavyu
- Video coding software: BORIS, ProCoderDV
- fMRI data analysis using FSL (beginner)
- Coding languages: R, Python, SPSS, UNIX Shell
- Data collection and management tools: GitHub, OSF, REDCap, Qualtrics, FileMaker
- CITI Training certifications:
 - IRB Social and Behavioral Researchers
 - Social and Behavioral Research Best Practices for Clinical Research
 - Human Subjects Protection
 - Social and Behavioral Researchers and Key Personnel

LANGUAGES

- English (fluent)
- Hindi (fluent)

COMMUNITY AND VOLUNTEER WORK

Application Statement Feedback Program

Nov 2024

- Anonymously edited 4 statements of purpose for Clinical Psychology Ph.D. programs

Student-Instructor Partnership in Clinical Education Learning Community

Sep 2023 – Apr 2024

- Creation of strategies to increase student belonging in clinical education, improve student-instructor partnerships, and reduce barriers that hinder their formation.

Doctoral Training Committee, Department of Psychology, Eastern Michigan University Jan 2024 – Apr 2024 Department Diversity, Equity, and Inclusion (DEI) Representative

- Acted as the representative for student-faculty communication related to DEI issues in the department.

Ad Hoc Reviewer

- European Child and Adolescent Psychiatry
- European Child and Adolescent Psychiatry
- Journal of Public Health

Nov 2022

May 2023

Sep 2023

Psychologists of Color, Eastern Michigan University*Sep 2022 – Present***Community Outreach Coordinator**

- Holding community outreach events related to diversity, equity, and inclusion (such as book readings, trips to diversity-related museums).
- Organized research conference on diversity, equity, and inclusion.

Study Buddies Connect, Association to Benefit Children, New York*Sept 2020 – Jan 2021***Volunteer**

- Developed math curriculum, practice exercises, and class activities for less privileged primary school children, for out of school tutoring.

Department of Psychology, Lady Shri Ram College for Women, University of Delhi*2019 – 2020***Research Club Head**

- Helped students with conducting independent research.
- Conducted workshops on research skills such as quantitative data analysis, qualitative data analysis, critical reading and thinking.
- Shortlisted and edited submissions for the psychology department academic journal.

Udayan Care, India*Aug 2017 – Aug 2018***Volunteer**

- Taught Math, English, social science, and psychology to K-12 students.
- Held workshops on life skills like self-management, body image issues and peer pressure.

PROFESSIONAL AFFILIATIONS**The International Neuropsychological Society***2025 – Present***Society for Research on Child Development***2022 – Present***International Society for Developmental Psychobiology***2022 – Present***Next Gen Psych Scholars Program, University of Minnesota***2021 – Present***Society of Clinical Child and Adolescent Psychology (SCCAP),
Division 53 of the American Psychological Association***2024 – Present***Society for Child and Family Policy and Practice (SCFP),
Division 37 of the American Psychological Association***2024 – Present***Michigan Association for Infant Mental Health***2024 – Present***REFERENCES**

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